

## CONNECT GROUP QUESTIONS Like Jesus: Counseling Like Jesus

### Begin with Your HEART

On the topic of you and counseling...

- What portrayals of counseling have you enjoyed the most and why? The Bob Newhart Show, Frasier, What About Bob, One Flew Over the Cuckoo's Nest, Thirteen Reasons Why, others?
- Do you see yourself as one who gives counsel or listens well to others?
- Even if not, share briefly about a time that you did give someone counsel, encouragement, or hope by listening and/or sharing. What was the result, or how did that make you feel?

### In the WORD

On being confident in the sufficiency of Scripture...

- Read **2 Peter 1:3-4** out-loud together. Read at least two versions [It's a "wordy" verse!]
  - Verse 3 says that we, by virtue of God's power, have been given everything we need for life and godliness, a Christ-like life. Do you think God's power and Word are necessary for effective counseling, for changed, Christ-like lives? Why or why not?
  - In verse 4 we see that God's precious and very great promises enable us to become partakers of the divine nature [again, to be Christ-like]. What would be one or two gospel promises that are precious and very great to you? [for example, forgiveness, acceptance, the righteousness of Christ credited to our account, empowerment by His grace and Spirit, etc...]
  - The acrostic **F.A.R.E.** [based on **Is. 55:1-2**, NIV] is represented by the four gospel truths above that help us understand who we are in Christ. "Preach the gospel to yourselves" by taking a moment to thank God aloud for these and other gospel realities in your life.

### My LIFE - our MISSION

On being on mission in a transparent way...

- One of our four values at Christ Community church is "transparent relationships: creating a culture of humility, acceptance, and grace".
  - What, if anything, has made transparency with others difficult for you in the past?
  - Discuss what humility, acceptance, and grace looks like in a healthy Connection Group.
  - What would it take for your Connection Group to grow in transparency?
- **James 5:16** is a challenging "One-Another" verse: "Therefore, confess your sins to one another, and pray for one another, that you may be healed."
  - Either as a group together, or with men and women separated into two groups, share a personal struggle with each other and then pray for one another.
  - Commit individually and as a group to be more real with one another, and to make every effort to respond with grace and truth.