

# Got Proof #3

## GOD, why so old-fashioned about sex?

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Part of Connect Group Questions

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This week's teaching addressed what "old-fashioned" (i.e., Biblical) sexuality is (and what it is not), what was offered through the 60's-70's sexual revolution to replace it, and why our hearts actually long and yearn for what is holy and healthy in enjoying God's gift of sexuality. It also offered practical suggestions on getting to a holy/healthy place if not there yet, gender and modesty, handling temptation, and swimming in the current of God's Word and Spirit.

**NOTE:** If you are using this study in a gender-mixed Connect Group, *it may be more conducive to open sharing in the GETTING STARTED Section by separating into "men" and "women" sub-groups...then come back together for the IN THE WORD section.*

### GETTING STARTED

In his book THE PROBLEM OF GOD, in his chapter of "The Problem of Sex," Mark Clark notes, *Many people reject Christianity because of its teachings on certain ethical issues, especially the Christian teachings on sex and human sexuality. Bertrand Russell, a famous twentieth-century atheist philosopher once said, "The worst feature of the Christian religion is its attitude towards sex." Christianity's teachings about sex have been deemed oppressive and antiquated in the modern world.*

Two questions to start the discussion

(1) Why do you think people misunderstand what the Bible actually teaches about sexuality and sex? (or, from where do the misconceptions come? And...

(2) What personal-to-you misconceptions about sexuality/sex have you found corrected by God's Word as you've learned to walk with

God?

## IN THE WORD

Tim Keller says it plainly (*The Meaning of Marriage*): *The Christian sex ethic can be summarized like this: Sex is for use within marriage between a man and woman. The Bible says don't unite with someone physically unless you are also willing to unite with the person emotionally, personally, socially, economically, and legally. Don't become physically naked and vulnerable to the other person without becoming vulnerable in every other way, because you have given up your freedom and bound yourself in marriage. Then, once you have given yourself in marriage, sex is a way of maintaining and deepening that union as the years go by.*

Take a few moments to read and reflect on how each of the following passages teach the truths in the above paragraph. Observe each passage and explain your thoughts on how the specifics of what God says in the verses teach what's above (note: feel free to read these from different translations!)

**Genesis 2:18-25**

**Proverbs 5:15-23**

**1 Corinthians 7:1-5**

**1 Thessalonians 4:1-8**

## MY LIFE - OUR MISSION

We are “connecting people to life-defining relationships in Christ.” Few things define our lives more than how we use our bodies – to honor God and maintain healthy-holiness in our lives, or to dishonor God and destroy ourselves. Biblically thinking Christians know, and mentor their children to understand that sexuality is not dirty, it is not a private matter, and it is not merely an appetite. **Rather, our sexuality is a tremendous gift from God** which, used in holiness and health, celebrates and grows us in the joys of a life-long covenant marriage relationship.

Finishing, read out-loud together **Ephesians 5:1-21** (perhaps “read around the circle” verse by verse). Share the most important take-away for you from this GOT PROOF? Teaching on sexuality. Then pray for Christ Community Church to be a family of Jesus’ disciples that excels in **Ephesians 5:1-2**).